

SEA LEVEL RISE AND EXTREME PRECIPITATION: PREPARING FOR BOSTON'S UNCERTAIN FUTURE

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Section 1: Introduction to Resilience Planning

Engineers, farmers, business owners, and other community stakeholders have dealt with the impacts of weather and climate related events for centuries. Communities around the world are thinking about how to become more prepared and resilient to hazards such as sea level rise, extreme precipitation, heat waves, and droughts in a changing and uncertain future world. Increasing population and land use, combined with a changing climate, make these kinds of hazards increasingly relevant to civic planning. Most urban and regional planners are now conducting studies of their cities to identify threats to economic, environmental, and social development from weather and climate related hazards.

An increasing number of city planners are creating local “resilience plans,” which go beyond identifying vulnerabilities to also assess the potential benefits, costs, and tradeoffs of a range of proposed resilience strategies. For example, New York City recently issued a report called “One New York: The Plan for a Strong and Just City,” which states that “a changing climate, a growing population, aging infrastructure, and an evolving economy with increasing inequality pose challenges to our city’s success and quality of life. Recognizing that we determine New York’s future by how we shape our response to these challenges, our work includes actions to mitigate climate change while also preparing for the risks it presents, ensuring quality of life for generations of New Yorkers to come.”¹ A few examples of actions outlined in the plan include: transforming buildings to be more flood-resistant, preparing neighborhoods across the city for better emergency management, and increasing the number of trees in the city to increase resilience against urban heat waves.

This packet provides basic information about an array of resilience strategies for dealing with the hazards of extreme precipitation and sea level rise. This information is provided to help you feel comfortable discussing elements of resilience planning for these hazards, which are faced by communities in and around Boston. We will not be testing you on this information, but instead making sure everyone at your table has the same amount of information at the beginning of the event. The US National Oceanographic and Atmospheric Administration (NOAA)’s “US Climate Resilience Toolkit” is a valuable resource that helps planners think about actions that cities can take. At the forum on June 11, you and your fellow participants will follow the same steps that these resilience planners use to prepare their communities for weather and climate related hazards.

¹ OneNYC report, online at <https://onenyc.cityofnewyork.us/visions/resilience>.

Your group will learn about the vulnerabilities to a community, consider the tradeoffs of several possible resilience strategies that could help the community to adapt, and then create a resilience plan by thinking about the impacts, opportunities, and challenges that these kinds of strategies will present for different kinds of stakeholders. We hope you will learn about the difficult and complex decisions that face resilience planners in communities around our nation and our world.

Steps to Resilience:

- 1 Step 1: Explore Climate Threats
- 2 Step 2: Assess Vulnerability & Risks
- 3 Step 3: Investigate Options
- 4 Step 4: Prioritize Actions
- 5 Step 5: Take Action

The Five Steps to Resilience.

Source: NOAA Climate Resilience Toolkit.

Section 2: Vulnerabilities to Extreme Precipitation

Extreme Precipitation Overview

With the changing climate, many places in the world are experiencing changes in normal weather patterns. While some places are facing prolonged drought and intense heat waves, others are being impacted by rising sea levels and stronger storms. Experts around the world are thinking about ways to prepare cities, states, and countries for their changing climates and how it can affect citizens, the environment, and the economy.

The United States has been experiencing an increase in extreme precipitation events for decades. Extreme precipitation is when a place has significantly more than the normal amount of rain or snowfall in a few days, rather than spread out over many days during the year². The northeast has had the most drastic increase with a 71 percent increase in extreme precipitation events since the late 1950's³.

This rise in extreme precipitation events is connected to the increase in the average global surface temperature. This leads to more evaporation, and more air in the atmosphere⁴ – like a giant humidifier. According to the National Wildlife Federation, over the next 100 years, every time the average temperature rises 1.8° F, the amount of water the atmosphere can hold increases by seven percent⁵. As more water becomes trapped in the atmosphere, an average rainfall can turn into an extreme precipitation event that leads to devastating floods.

The number of extreme precipitation events is predicted to continue increasing over the next century. Therefore, it is important to consider the impacts of intense rain or snow, and how we can become more flexible, adaptable, and prepared for future extreme weather events⁶.

The following section outlines the social, economic, and environmental impacts extreme precipitation could have on a city. This will introduce you to some of the problems city officials are facing when considering resilience plans.

Social impacts

The societal impacts of an extreme weather event might seem obvious. Tornadoes, hurricanes, and intense storms can all lead to property damage, injuries or fatalities, and an interruption of communication and electrical systems. Extreme precipitation might not always affect people as immediately as a natural disaster can, but an abnormal amount of rain or snowfall in a short amount of time can create a multitude of problems.

² <https://www.epa.gov/climate-indicators/climate-change-indicators-heavy-precipitation>

³ <http://www.climatecentral.org/gallery/maps/extreme-precipitation-events-are-on-the-rise>

⁴ http://glisa.umich.edu/climate/extreme-precipitation#footnote21_h1r8ecb

⁵ http://online.nwf.org/site/DocServer/Climate_Change_and_Great_Lakes_Water_Resources_Report_FI.pdf (pg. 6)

⁶ <https://toolkit.climate.gov/regions/northeast>

Flooding is one of the major issues to consider when thinking about extreme precipitation. Heavy amounts of rain or snow can cause sewer and wastewater treatment plant overflows, cause rivers to rise above their banks, and block roads with deep pools of water.

Some cities have a combined sewer system that collects stormwater runoff and sewage from homes and businesses in the same pipe system that runs to the wastewater treatment plant. While this system may have been adequate years ago, now the systems are



Henderson, Kentucky Water Utility

becoming consistently overwhelmed during heavy rainfalls, causing the untreated water to overflow into basements, streets, and nearby waterways⁷. Many cities have restricted the construction of combined sewers and are building sanitary sewers instead to help keep the system from overflowing. Sanitary sewer systems use a separate pipe system that collects wastewater and carries it to the wastewater treatment plant, and another system of pipes collects stormwater and filters it into the ground or the nearest waterway⁸. Although this helps to take stress off of the system and decreases the likelihood for a sewer overflow, sanitary sewers are not a perfect solution. They could still take on extra water during heavy rainfall events and overflow, or the pipes could crack and allow the wastewater to be released. However, sanitary sewers can be a worth-while investment to keep the city from being contaminated by wastewater, with the proper city planning.

Keeping wastewater from entering buildings and water ways is important because the untreated water carries various bacteria and viruses that can cause anything from stomach aches to serious diseases if ingested⁹. Not only can the water itself cause health problems, but if indoor flooding is not properly taken care of, mold can grow and cause respiratory issues for those living or working in the building that was flooded.

⁷ <https://toolkit.climate.gov/regions/northeast/people-and-communities>

⁸ <https://toolkit.climate.gov/topics/built-environment/water-and-wastewater>

⁹ https://www.epa.gov/sites/production/files/2015-10/documents/ss0_casestudy_control.pdf

In 2014, Vermont experienced a downpour of rain that overwhelmed one of the state's aging, but recently upgraded, wastewater treatment plants. Due to a malfunction at the plant, approximately 100,000 gallons of partially treated wastewater were released into a local river¹⁰. Tests showed the concentration of *E. Coli* (*Escherichia coli*), a bacterium commonly known to cause gastrointestinal illnesses, in the river was 10 times the maximum amount recommended for human exposure, according to the Vermont Department of Health. Planning for incidents like this, where partially treated wastewater can enter waterways used recreationally and/or as drinking water sources, is just one important aspect of becoming more resilient against the impacts to health and wellness during and after extreme precipitation events.



Boston Water and Sewer Commission

Sewer overflows can become a huge issue in some cities, but are not the only problem arising from extreme precipitation. When the infrastructure that connects people is disrupted, it can leave them without electricity, transportation and communication.

Most roads and powerlines were built based on historic weather data because predicting future weather conditions can be difficult. However, this means that the infrastructure is vulnerable to extreme precipitation events that were not planned for years ago¹¹. Without proper drainage, roads flood and become impassible to residents and emergency personnel. Flood water can last for days, seeping into homes, covering roads and blocking any way for people to escape or receive aid. Some people may even try to pass through flooded streets in their cars, which can be extremely dangerous. In high water, cars will break down and leave people stranded with no choice but to get out of their cars and try to get to high ground. However, rushing water is strong, and six inches of moving water can make an adult fall¹². To avoid incidents like these, cities may need to update their road systems to increase water drainage, and be sure that if a flood is coming, all residents can be properly informed.

¹⁰ <http://www.burlingtonfreepress.com/story/news/local/2014/07/11/storms-challenge-wastewater-treatment-plants/12539441/>

¹¹ <http://www.mass.gov/eea/docs/eea/energy/cca/eea-climate-adaptation-report.pdf> (pg. 53)

¹² <http://environment.nationalgeographic.com/environment/natural-disasters/floods-safety-tips/>

Severe storms and flooding can also damage power and communication lines¹³. Without electricity, air conditioning units, refrigerators, and traffic lights won't function. If the electricity



is down, people could overheat, become sick from eating spoiled food, and even get into car accidents. Damaged communication lines can also cause major issues. People will not know if they need to evacuate, where they need to go, if their loved ones are okay, and if it is safe to leave their homes. These problems often affect vulnerable populations, such as low income families who might be located in isolated areas, as well as the elderly and children who are more susceptible to infections and overheating.

Kaldari, public domain via Wikimedia commons

Rain is not the only culprit when it comes to infrastructure damage. Snow can also affect roads, power lines and homes. With winter weather becoming more mild, snow events are usually wetter, which causes dense, heavy snow to falling on trees, houses and powerlines, and possibly causing severe damage.

In April of 2016, Houston's "Tax Day Flood" was considered a 1 in 500-year event¹⁴ with an average of 12 – 16 inches of rain falling in 12 hours, and continuing for two full days¹⁵. Rivers flooded several feet past their maximum flood zones, almost 7,000 homes sustained flood damage, hundreds of thousands lost power, and eight people were killed after their vehicles flooded on the road¹¹. Many residents did not know the rain was going to be so intense and had to be rescued from their flooded homes by inflatable rafts and boats, and moved to higher ground. If this storm was a 1 in 500-year event, what's next? After losing lives, and sustaining nearly \$5 billion in property damages¹⁶, Houston and similar cities may need to start planning for even more extreme precipitation events in the future.

¹³ <http://www.mass.gov/eea/docs/eea/energy/cca/eea-climate-adaptation-report.pdf> (pg. 10)

¹⁴ <http://www.chron.com/news/houston-texas/houston/article/Historic-Texas-flooding-events-and-Houston-this-7255052.php>

¹⁵ <https://www.scribd.com/doc/310404129/Immediate-Flood-Report-1-April-17-18-2016-1>

¹⁶ <http://www.cnn.com/2016/04/19/us/houston-texas-flooding/>

Economic impacts

Major precipitation events often lead to major floods if the area is not prepared. Water levels can rise and move quickly, leaving little time for residents to properly block the incoming water with sandbags, or if necessary, evacuate the area. Rushing water can accumulate debris from trees, buildings, and roads and infiltrate homes causing millions of dollars in damage. With some storms like tornados, the impact is swift and definitive. However, extreme precipitation can lead to flooding that lasts for days, and will take even longer to dry out of buildings and homes. The cleanup after a severe flood could cost hundreds of millions of dollars, and impact the city or state's economy for the long run.



NOAA Climate Toolkit

Hurricane Katrina was one of the most catastrophic hurricanes to impact the United States¹⁷. In August of 2005, New Orleans was hit by a category 3 storm that broke most of their protective levees and flooded 80 percent of the residential city¹⁸. With anywhere from one to 10 feet of flooding along the gulf coast, more than 1,800 people were killed, and one million people were displaced from their homes, the majority of whom couldn't return until a month after the water receded¹⁹. The city is still trying to build back their infrastructure and recover economically from the devastating flooding that infiltrated office buildings and neighborhoods. With an economy based on tourism and exporting petroleum, New Orleans was hit hard. Businesses were forced to relocate when the damp walls grew mold, the Port of New Orleans was damaged, and oil production and refining operations were shut down. The Gulf coast is one of the major oil producers in America with about 25 percent of the nation's oil coming from their refineries. After Hurricane Katrina, 95 percent of the Gulf's oil production had to stop due to employee evacuations, which increased gas prices across the country²⁰. It has taken many years, but New Orleans is recovering. The number of tourists declined by over half after the storm, creating a gap in the amount of revenue the city was producing. However, a decade later, the number of tourists nearly returned to pre-hurricane levels, and those that are visiting are spending even more money than before²¹. New Orleans will never be the same as it was before Katrina. It has been rebuilt to be safer, stronger and more resilient in the future.

¹⁷ http://content.time.com/time/specials/packages/article/0,28804,2070796_2070798_2070785,00.html

¹⁸ <http://www.cnn.com/2013/08/23/us/hurricane-katrina-statistics-fast-facts/>

¹⁹ <http://www.datacenterresearch.org/data-resources/katrina/facts-for-impact/>

²⁰ <http://abcnews.go.com/Business/HurricaneKatrina/story?id=2348619&page=1>

²¹ <http://fortune.com/2015/08/27/hurricane-katrina-new-orleans-tourism/>

Environmental Impacts

Just as extreme precipitation can affect social and economic aspects of society, it can also affect the environment. Intense rain and snow events often lead to runoff that pollutes local water sources used for irrigation and drinking water, and destroys habitats. With the highest amount of extreme precipitation events occurring in the Northeast and Midwest United States²², city planners and leaders are being challenged to construct ways to protect their vital rivers and lakes from the effects of extreme precipitation.



NOAA Climate Toolkit

Over time, humans have changed the course of rivers to fit the needs of a growing population. Many rivers have been narrowed, redirected and dammed in order to have space for farming and building. Bodies of water naturally ebb and flow with the change of season, and some even need a periodical flood or two to remain balanced. However, many floodplains (or flat land next to a river that is prone to flooding²³) have been shortened and built upon, creating problems for the people who live there. With fewer, more intense precipitation events, the river can rise multiple feet above the flood levels, inundating dry land and pavement that can't absorb the excess water. Levees and dams have been built to try to control flooding and protect riverside neighborhoods, but in the cases of extreme precipitation, these barriers often fail, and allow water to flow into streets and homes. When this flooding occurs, it disrupts habitats, creates polluted runoff, and increases sediment and nutrient concentrations - all of which can impact downstream water quality. Before human influence, natural bodies of water could recover from incidents of pollution and disruption. However, with so much physical and chemical change, and an increase in extreme weather, these natural fresh water systems could be impacted for the long term²⁴.

One problem that many river ecosystems are facing is the impact that rushing flood water has on the fish populations. Some communities depend on fish as a food source and to bring in money. In Alaska, salmon fishing is a \$1 billion industry²⁵. Recently, a 1 in 100-year storm caused major flooding of a river, killing almost all of the salmon and their eggs. The flood also wiped out most of the invertebrates, and completely destroyed the beetle and shrimp species living in the river. The salmon were finally back to normal population numbers six years later, but the other species struggled to bounce back from the flood²⁶. Many other rivers and lakes

²² <https://toolkit.climate.gov/topics/water-resources>

²³ <https://www.nationalgeographic.org/encyclopedia/flood-plain/>

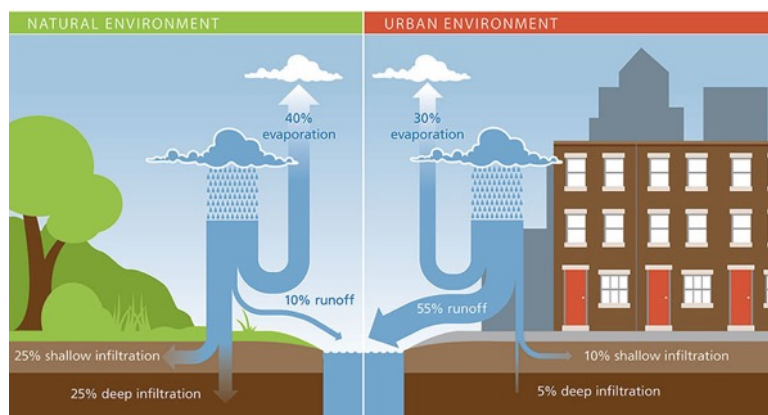
²⁴ <http://www.britishecologicalsociety.org/flooding-in-the-uk-ecological-impacts-and-an-ecosystem-approach/>

²⁵ <https://www.wildsalmoncenter.org/2016/10/17/salmon-floods-learning/>

²⁶ The-Impact-of-Extreme-Events-on-Freshwater-Ecosystems_FullReport.pdf (pg. 34)

are experiencing the same problems. Rivers in the Northwest are experiencing intense amounts of rain and snow melt that leads to rivers flooding and “scouring” the bottom of riverbeds, killing most of the fish eggs laid there. Precipitation is also happening earlier in the spring, changing the normal peak flows for rivers that affect typical fish migration and mating rituals.

Another problem facing freshwater ecosystems is stormwater runoff. When extreme precipitation is followed by periods of drought, the pollution that runs into the water can cause harmful algae blooms that lead to de-oxygenated “dead zones.” In Lake Erie, water levels are currently lower than average and are expected to continue to drop in the next few years. Heavy rainfalls are flooding cities and farms, carrying nutrients and wastewater into the lakes. With less water in the lakes, the water quality can be highly affected by the pollution, and lead to an



Philadelphia Water

increase in problematic algal blooms²⁷. Walleye fishing is a popular recreational sport in the regions surrounding Lake Erie, but with the changing lake ecosystem, the walleye has become threatened. The walleye’s main prey item is highly susceptible to dead zones, and could be killed in a large bloom, eventually leading to a decrease in the walleye population that the economy depends on²⁸.

The entire nation is experiencing changes in weather patterns. In some places, extreme heat or drought is the biggest issue. In others, it is sea level rise or extreme precipitation. City officials everywhere are thinking about ways to deal with all of these changes to protect the people who live there and the environment they depend on from the repercussions of a changing climate.

Section 3: Potential Resilience Strategies for Extreme Precipitation

The effects of a changing climate can be devastating, but there are ways to protect our cities from hazards like extreme precipitation. While scientists might be able predict what the weather will be like a week from now, it’s extremely difficult to predict what the weather might be next year, in 50 years, and in 100 years. However, city planners and leaders will have to use these predictions to plan for more intense storms, heavier rainfall, warmer winters, and drier summers.

²⁷ <http://www.nwf.org/Wildlife/Threats-to-Wildlife/Global-Warming/Effects-on-Wildlife-and-Habitat/Great-Lakes.aspx>

²⁸ <http://www.nwf.org/Wildlife/Threats-to-Wildlife/Global-Warming/Effects-on-Wildlife-and-Habitat/Walleye.aspx>

The following section outlines a select number of possible strategies that can be used to help prepare cities for extreme precipitation events. While there are many ways for cities to prepare, this section will give you an overview of some of these options and the social, economic and environmental impacts of each. This information will prepare you to make your own resilience plan for the city, based on the discussion you will have with your table on the day of the event about the strategies and their impacts on the city.

KEEP IT OUT - Improve Water Management Systems

Sewer Separation

Combined sewer systems, or systems that carry sewage water and stormwater together to the wastewater treatment plant, often overflow during a period of heavy rainfall and cause a mixture of sewage and stormwater to flow into homes, streets, and waterways. Some cities have already updated their systems to include areas with sanitary sewer systems, or systems that carry wastewater and stormwater separately. For example, Boston's sewer system is only 1/3 combined sewer lines, and the other 2/3 are either stormwater drains or sanitary sewer lines²⁹. However, updating the sewer system can be costly and extremely inconvenient for older cities. For some cities like New York City and Philadelphia, this process might not be feasible. Replacing the sewer lines can disrupt a city's road system for years, causing frustration and annoyance among commuters. Updating the system would help decrease the probability of future wastewater backups into homes, roads and waterways, but some cities may have to consider other modes of adaptation for extreme precipitation.

Wastewater Management System

Some cities have prepared for an increase in heavy precipitation by updating, relocating or protecting their local wastewater treatment plant. When planning the nearly \$4 billion update to the Boston wastewater treatment plant (located on Deer Island in the Boston Harbor), the Massachusetts Water Resources Authority investigated the plant's possible vulnerabilities to extreme weather events and sea level rise,

KEEP IT OUT

Keep It Out involves improving water management systems through actions such as separating sewer systems, updating the local wastewater treatment plant, building stormwater basins, and protecting public transit systems.



ECONOMIC ★★

Sewer separation is costly and extremely inconvenient for older cities, likely costing billions of dollars and causing widespread disruption. Replacing aging infrastructure and removing dams is also expensive. Retrofit projects, such as barriers to protect water from entering subway tunnels, are a cost-effective management option but are only a temporary solution.

ENVIRONMENTAL ★★★★★

Protecting wastewater treatment plants makes it less likely for plants to flood during storm events, preventing pollution from entering waterways. Stormwater management also helps prevent nutrient pollution, which leads to unwanted consequences such as algal blooms and fish kills.

SOCIAL ★★★★★

Even though construction of stormwater management systems is disruptive, separating sewer systems prevents wastewater from entering homes and buildings, protecting residents from pathogens and mold. If built strategically, recreation can be incorporated into stormwater management strategies, like allowing outdoor theaters to collect water during a flood.

Read through this box to learn more about the Keep it Out strategy. You will use this information during your discussions at the forum.

²⁹ http://www.bwsc.org/ABOUT_BWSC/systems/sewer/PresentDay_sewer.asp

ultimately deciding to raise the most important parts of the plant 1.9 feet to avoid inundation³⁰. Iowa took an alternative approach by decommissioning their flood-prone wastewater treatment plant along the river in Iowa City. They increased the capacity of a second plant located off the floodplain to accommodate the city's needs, and plan to turn the newly vacated land from the decommissioned plant into a recreational park³¹. Washington, D.C., had limited options for improving their wastewater treatment plant and decided the best option, even when considering the uncertainty of weather events, was to build a 17 foot seawall (three feet more than the recommended height) to protect the Potomac River facility³². These changes can be costly and time consuming, but in many cases, improve the long-term quality of public health and the environment.

Stormwater Management System

With or without a sanitary sewer system, there may still need to be plans in place for dealing with excess water during extreme precipitation events. It is difficult to predict the amount of rain the area will receive a month, a year or a decade from now, so it is possible for even newly built stormwater pipes to be overwhelmed. If the pipes become overwhelmed, and flooding occurs, there are options to make sure the water does not damage homes, buildings, and important infrastructure.

One model for this type of stormwater management is Rotterdam in the Netherlands. Rotterdam is not only surrounded by water, but has experienced unpredictable and increased rainfalls. To keep the water and debris from damaging buildings during extreme rainfall events, they have created ways to capture the water and flood areas of the city that are built to recover from such flooding³³. Parking garages, parks, and city squares are equipped to retain water and slowly drain away in order to keep water from flooding the streets³⁴. The amount of rain needed to flood these structures may only come a few times a year, so the majority of time they will be used for their original purposes.



De Urbanisten

³⁰ <https://www.epa.gov/arc-x/boston-raises-wastewater-facility-avoid-inundation>

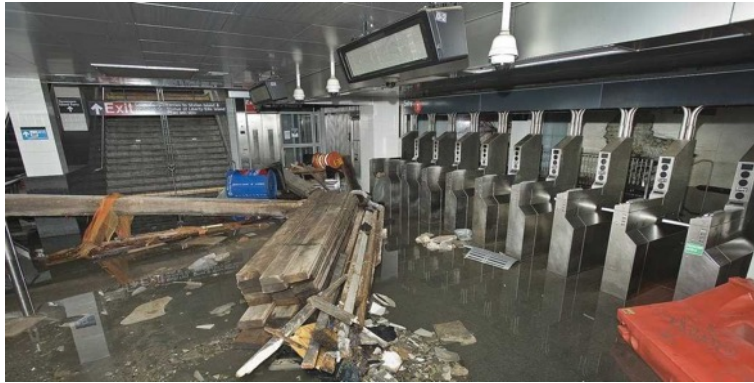
³¹ <https://www.epa.gov/arc-x/iowa-city-iowa-closes-vulnerable-wastewater-facility>

³² <https://www.epa.gov/arc-x/blue-plains-wastewater-facility-washington-dc-reinforces-facility-against-floods>

³³ http://www.rotterdamclimateinitiative.nl/documents/2015-en-ouder/Documenten/20121210_RAS_EN_lr_versie_4.pdf (pg. 48)

³⁴ <http://www.waterpleinen.com/Watersquares.pdf>

Upgrades to public transit and/or highway systems



New York City Dept. of Transportation

Without functioning public transportation systems and highway systems, residents might be stranded in their homes and emergency officials could be delayed or blocked from reaching people who need help. In 2012, Hurricane Sandy flooded New York City and its transit systems. Subway stations were completely underwater, train tracks were destroyed, and roads were badly

damaged. The only thing holding back water in some cases was plywood and sand bags stacked in front of subway entrances. Luckily, most of the subway services were up and running five days after the storm, but some other aspects of the transit system cost billions³⁵ of dollars to fix. By building sea walls to protect tracks and roads, using metal and plastic subway station coverings, and raising transportation signals, cities can become more resilient to extreme precipitation and avoid paying to fix damages later³⁶. These updates can be expensive and disruptive to daily commuters and other city-goers, but could help save valuable infrastructure in the long run.

Some people may be opposed to these options because they can be inconvenient and costly, such as moving cars to the upper levels of a parking garage during a storm, or investing in infrastructure updates. However, investments in new building projects that create space for water could keep the city safer and save money on damages in the long run.

³⁵ <http://www.businessinsider.com/heres-how-nycs-subway-system-has-come-back-from-hurricane-sandy-2013-10>

³⁶ http://www.nyc.gov/html/sirr/downloads/pdf/final_report/Ch_10_Transportation_FINAL_singles.pdf

SOAK IT UP— Create Solutions to Increase Water Drainage

Enhanced natural hydrology/vegetative solutions

Cities across the nation have been going “green” for years by conserving and using alternative energy. However, many cities are now adapting a new form of “green” that includes increasing the amount of green infrastructure along roads and sidewalks, in suburban neighborhoods, and through the urban sprawl. Green infrastructure can include anything from green roofs, bioswales and rain gardens - anything that increases green ground cover rather than the typical grey infrastructure of the city.

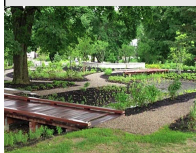
As one of the oldest cities in the United States, Philadelphia’s aging combined sewer system has been overflowing and polluting the waterways for years. To help create a healthier community that’s more connected to nature, Philadelphia is working hard to create more green infrastructure in their urban environment by building rain gardens, stormwater wetlands, green roofs, stormwater tree trenches and more³⁷. Uprooting streets to rebuild the sewer system would be nearly impossible in such a dense city like Philadelphia due to the cost and general inconvenience of blocking off streets. Instead, city planners and leaders can look to green infrastructure to help absorb, drain, and filter any excess water from an intense rainstorm, and take some stress off of the sewer system. While green infrastructure may not solve the flooding problem, it is cost-effective, creates more recreational space, absorbs more CO₂, and is immediately effective, rather than taking years to build like new pipes would.

Reducing runoff through porous pavement or other changes in land cover

While green infrastructure can help to keep the city cooler while increasing water and CO₂ absorption, cities still need grey infrastructure to safely and properly operate. This grey infrastructure is impervious, meaning water cannot filter through, and instead runs off into the nearest drain or waterway, or ends up flooding the road. By building roads and sidewalks with permeable materials, water will be able to soak into the pavement and filter down into the ground or stormwater system. Porous pavement typically costs more to install, requires monthly cleaning, and can’t be used in high traffic areas due to clogging issues, but it also limits

SOAK IT UP

Soak it up involves creating solutions to increase water drainage by using the earth’s natural resilience capabilities. These strategies include vegetative solutions such as green roofs and rain gardens, as well as using porous pavement to allow water to filter into the ground.



ECONOMIC ★★★★★

Green infrastructure is cost effective and has the potential to attract residents and businesses to an area due to its aesthetic quality. New building projects such as constructing roads and sidewalks with porous pavement may create jobs.

ENVIRONMENTAL ★★★★★

Green infrastructure reduces runoff into waterbodies and treats runoff water by filtering pollutants. At the same time, it allows nutrients to be recycled and taken up by plants, leading to increased plant growth. In addition to helping absorb excess water during extreme rainfall events, green infrastructure can help lower carbon emissions, increase oxygen production, and lower urban heat.

SOCIAL ★★★★★

Parks, green roofs, and rain gardens create opportunities for recreational space. This strategy also avoids the disruptive construction to install larger storm pipes. Some of the potential hazards from increased vegetation include infectious pathogens carried via rodents, ticks and mosquitoes, as well as increased pollen allergens.

Read through this box to learn more about the Soak It Up strategy. You will use this information during your discussions at the forum.

³⁷ http://www.phillywatersheds.org/what_were_doing/green_infrastructure

runoff, filters stormwater into the ground which takes stress off of the sewer system, and does not freeze because the snow melts into the pavement. Porous pavement cannot be used in high traffic areas like highways, but it can be a good solution for places that have to be paved and are vulnerable to flooding. Porous pavement tends to be used on the side of the road for parking and in parking lots to soak up excess water.

On a household level, homeowners can purchase rain barrels, or a more complex version called a cistern, to collect stormwater runoff from their roofs and use it to water the garden, wash the car, or simply allow it to filter into a rain garden. Experts typically suggest that homeowners have two 55-gallon rain barrels because a storm that produces one inch of water in a rain gauge can lead to over 500 gallons of water falling on a 1,000 square foot roof³⁸. A rain barrel usually costs less than \$100 and could save money on water bills in the long run if the collected water is used efficiently.

INFORM THE PUBLIC – Enhance Public Safety, Communication, and Knowledge

Over the last decade, new, more complex, and accurate satellites have been able to better predict what kind of weather might affect a region, but even this new equipment can't forecast far into the future. Not only can future predictions be difficult, but weather patterns can change quickly, meaning what was predicted to be a small rainstorm can turn into an extreme precipitation event within the same day. No matter how prepared the city is for an extreme precipitation event, it is still possible that the built-in strategies and infrastructure will fail, leaving the public in danger. Because of this, public safety, communication, and knowledge must be top priorities when planning for an emergency event.

Relocating or reinforcing electricity and communications lines

Society today relies on energy for keeping food cold, heat or air conditioning on, maintaining external communications, and for providing traffic signals. If houses, businesses, and emergency centers are not prepared for flooding, it's likely that their power will be cut off for hours or days due to flooding, ice, or wind knocking out power lines and boxes. To prepare

³⁸ <http://www.mapc.org/resources/low-impact-dev-toolkit/cisterns-rain-barrels>

INFORM THE PUBLIC

Inform the Public involves enhancing public safety, communication, and knowledge about extreme precipitation events. This means keeping the power on so that communities are not isolated, as well as making sure the public is educated about the risks and knows where to go in case of an emergency.



ECONOMIC ★★★

Damage to electricity systems is costly to repair, and burying lines is expensive and makes lines difficult to access if there is a problem. However, there is little to no cost to implement shelter and education programs but a large benefit from preventing loss of life.

ENVIRONMENTAL 0

Inform the public has little to no measurable environmental impact. A problem may result from managing trees or burying power lines, which could disrupt habitats and cause damage to tree roots.

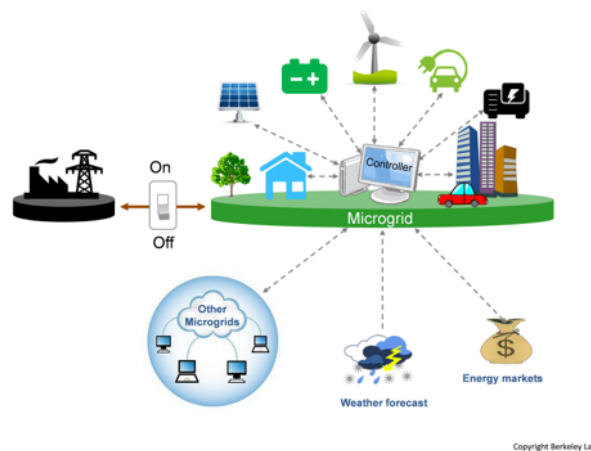
SOCIAL ★★★★★

Protecting or relocating power and communication lines protects residents by keeping them connected to one another. When combined with education, this improved communication helps to keep people informed about the risks of extreme precipitation so they can remain safe. Additionally, refuge centers provide shelter, safety, and protection for people during storms.

Read through this box to learn more about the Inform the Public strategy. You will use this information during your discussions at the forum.

for more extreme weather in the future, some cities are moving power lines underground, installing power boxes above the flood level, and even creating microgrids that can be fully functional even if disconnected from the city's main power grid.

Moving communication and electrical lines underground can help keep the lines safe during extreme winter weather, but the lines can still be corroded by flooding, and can cost up to 14 times more than installing traditional above ground lines³⁹. They are also more difficult for workers to reach, meaning it could take up to 60 percent longer for issues to be fixed⁴⁰. Powerlines are not the only element of infrastructure that is vulnerable to extreme weather. For a small price, electrical boxes, panels and controls could all be elevated above the flood level to avoid being inundated with water and interrupting service. Some regions are even creating microgrids that can allow certain sections of a city to disconnect from the main power grid and run on its own energy generation source in order to maintain critical services if the larger grid is affected by extreme precipitation or storms. In Connecticut, the Department of Environment and Energy awarded various towns up to \$3 million to create microgrids that will support police and fire stations, cell towers, schools, gas stations and emergency centers⁴¹. After Hurricane Sandy, 7.9 million homes and businesses were without power⁴². While microgrids can cost millions of dollars to install, in the wake of a devastating storm, they can keep important household utilities on and businesses can keep working, ultimately keeping the city safe and operational while the main power grid is being repaired.



Microgrids Group at Berkeley Lab

These changes can be beneficial to society by allowing residents to maintain their everyday lives, but they can also be costly. Some regions may start becoming more resilient against extreme weather and extreme precipitation simply by monitoring and trimming trees around power lines. By keeping the lines free from branches, it is less likely that heavy snow, ice, or winds will cause branches to break and fall on the lines, and is a less costly, but less effective, option than moving powerlines or creating microgrids.

Improvement to emergency management

Not all of the solutions to protecting a region against flooding work 100 percent of the time. Levees can break, porous pavement can become clogged, and green infrastructure can be

³⁹ http://www.elp.com/articles/powergrid_international/print/volume-18/issue-2/features/underground-vs-overhead-power-line-installation-cost-comparison-.html

⁴⁰ <http://www.cnn.com/2014/02/12/us/winter-storm-power-lines/>

⁴¹ [http://www.dpuc.state.ct.us/DEEPEnergy.nsf/c6c6d525f7cdd1168525797d0047c5bf/40cb9336a459e06185257bb20052b8ff/\\$FILE/Microgrids%20Funding%20Chart%20Final.pdf](http://www.dpuc.state.ct.us/DEEPEnergy.nsf/c6c6d525f7cdd1168525797d0047c5bf/40cb9336a459e06185257bb20052b8ff/$FILE/Microgrids%20Funding%20Chart%20Final.pdf)

⁴² <http://www.cnn.com/2013/07/13/world/americas/hurricane-sandy-fast-facts/>

inundated with water. In cases like these, it is likely that people will need to leave their homes behind and evacuate the area. But where do they go, and what roads do they follow to get there? Having a safe place for people to go in the case of extreme weather, and creating easy to follow directions to get there can be the difference between life and death during a destructive flooding event.

Educating the community about storm shelters and evacuation routes can be relatively simple and cost efficient, but preparing the building to become a storm shelter can be expensive. The building will likely need to be updated or built to withstand any sort of storm or flood that could occur in the next 100 – 500 years, which means it will have to remain structurally sound, maintain power, and be able to house hundreds to thousands of people safely for multiple days. However, if the shelter is not properly prepared for an extreme event, it can lead to a dangerous and unhealthy situation for those seeking shelter with nowhere else to go.



Getty Images

Hurricane Katrina forced thousands of people to flee from their homes and seek shelter from rising flood waters at the Superdome, the New Orleans Saints football stadium. With no air conditioning or running water, a ripped ceiling, and a limited food and water supply, the stadium was underprepared and overwhelmed, barely a refuge for the 40,000 people who sought shelter there⁴³. The stadium seems like a natural choice for a shelter, as it is in centralized location and has a large capacity, but it was not prepared for a storm of this magnitude. To adequately prepare a

building for a hurricane or other extreme weather events, FEMA recommends building above the floodplain, keeping important utility components above ground, making the building accessible even when surrounded by water, and ensuring that there is enough food, water, and bathrooms available for number of people the building is designed to hold. Hurricane Katrina developed quickly, giving first responders little time to prepare the Superdome. Creating a shelter to keep people safe for multiple days can be a costly project, but when faced with extreme circumstances like Hurricane Katrina, it could save thousands lives.

Social Connectedness & Public Education

A storm can turn into a flash flood, hurricanes can gain power quickly, and power outages can happen at any moment. Due to the unpredictable nature of extreme storms, being able to reach people to inform them about any emergency measures that need to be taken can be critical to protecting those living in the region. Having a system that can relay messages to cell

⁴³ http://www.nola.com/superbowl/index.ssf/2013/01/superdome_series_catching_up_w_2.html

phones and landlines, along with internet and television alerts can be a relatively inexpensive way to keep people safe. These alerts can keep people off the roads in case of an extreme winter weather event, and in the case of extreme precipitation, it can cue them to evacuate and what routes are safe to use.

In the summer of 2016, Boston announced a new emergency notification system, “AlertBoston,” that can send residents and businesses emergency notifications via text, phone call, or email⁴⁴. The notifications can be sent by city officials for multiple situations including parking bans, severe weather warnings, and street closing information, all of which can be transmitted in English, Spanish, French and Chinese. The system is also programmed to send city wide, or region specific notifications so only those in affected areas will be notified when necessary. Systems like these are a strong model for other emergency notifications. Being able to communicate in different languages, reach people on multiple platforms, and limit the number of irrelevant warnings by streamlining the notification process are all important factors to consider when designing an alert system.

City officials can alert people with emergency notifications, but how do they know what to do once they get the notification? That’s where public education comes in. Through educational campaigns distributed through pamphlets, door to door efforts, social media posts, and television advertisements, people can learn how to prepare for extreme weather events, and how to remain safe during them. According to the Centers for Disease Control (CDC), more than half of flood-related deaths occur due to vehicles driving into hazardous flood waters, followed only by the number of deaths that occur due to people walking in or near flood waters⁴⁵. Just 12 inches of moving water can sweep away a small car, and just six inches can cause an adult to fall. Even though signs are often posted around flooded streets, some people will ignore the signs, assuming they are only precautionary. Educational campaigns such as Turn Around Don’t Drown®, can help people better understand flood safety and remember simple facts that might be forgotten in an emergency situation⁴⁶. Having these systems in place to notify the community about potential hazards and what steps to take to remain safe can be a cost-efficient way to keep citizens safe in many extreme weather situations.

With this information, you are now prepared to think about how to build a resilience plan for extreme precipitation based on the social, economic, and environmental impacts of the strategies you choose. On the day of the event, you will use this knowledge and your own values to discuss how stakeholders will be affected by your choices, visualize what happens to the city when you they are implemented, and make changes based on your results.

⁴⁴ <https://www.boston.gov/news/mayor-walsh-announces-new-emergency-notification-system-city-boston>

⁴⁵ <http://tadd.weather.gov/>

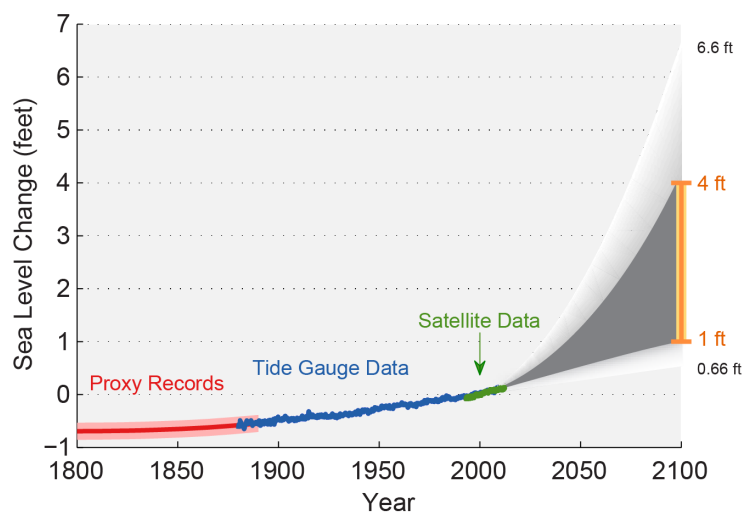
⁴⁶ <http://www.nws.noaa.gov/os/water/tadd/>

Section 4: Vulnerabilities to Sea Level Rise

Sea Level Rise Overview

Global sea levels are rising, and scientists predict that they will continue to rise at an accelerated rate over the next several hundred years. Higher sea levels in the coming decades present a number of hazards for coastal communities, and resilience planners are thinking about how to protect residents, infrastructure, and ecosystems from the worst impacts. Sea level rise increases the risk to coastal communities of regular tidal flooding, and also means increased vulnerability from events such as storm surges from hurricanes or increased coastal erosion.

Past and Projected Changes in Global Sea Level



Past and Projected Changes in Global Sea Level Rise. Source: US National Climate Assessment 2014.

Why are sea levels rising?

Sea levels change for three primary reasons. The first reason is the **thermal expansion of the oceans**. Like mercury in a thermometer, the volume of liquid water gets bigger as its temperature increases. The ocean absorbs about 90% of the heat from human-caused emissions, and so the level of the oceans has risen consistently over the last century (approximately 8 inches globally since the 1880s) in response to the warming the planet has experienced during that time.

Sea levels also rise as **ice from the land** enters or melts into the ocean. Just as dropping an ice cube into a near-full glass of water causes the liquid to spill over, additional ice shelves or glaciers that slip into the ocean will push the level of the sea surface upward. The vast majority

of glaciers and ice shelves around the world are melting rapidly. As this ice melts on the land, the resulting meltwater flows into the ocean, adding to the amount of liquid in the sea.

Sea levels also are rising relative to coastal communities in many locations, because the coastal land is sinking. When people extract or redirect streams of groundwater, store water on land in reservoirs, or pull natural gas or other materials from the deep ground, the surrounding land often changes position in response. This process, known as **subsidence**, results in a lower land level relative to the height of the ocean.⁴⁷

How much will sea levels rise in the future?

Scientists are very confident that sea levels will continue to rise in cities around the world, and the rate of increase is very likely to accelerate over the next 50-100 years⁴⁸, but it's not possible to predict the exact amount that sea levels will rise over that time. This is both because it is difficult to predict how much warming will occur due to human-caused and natural effects, and also because we don't understand everything about the climate system. For example, scientists' predictions about the rate of melting ice sheets in places like Greenland or Antarctica may be overly conservative. The US National Climate Assessment advises that a reasonable low end for resilience planning is around 1 foot of average sea level rise by 2100, while 4 feet is a plausible high end for planning over that time. Sea levels will not rise uniformly everywhere; some places will experience more sea level rise than others due to factors such as changes in ocean currents, movement of heat within the oceans, and geologic changes and subsidence. Also, sea levels will not stop rising in 2100; the rise will continue for much longer even if human emissions stopped today.

The City of Boston's vulnerability assessment, *Climate Ready Boston*, looked at potential impacts of sea level rise using three possible projections over time. In Boston, sea levels rose by about nine inches relative to the land during the twentieth century. But sea level rise is accelerating as the oceans and atmosphere warm, and so planners in Boston are preparing for as much as eight inches of additional rise by 2030 and more as time progresses. The city's vulnerability assessment states that "...another eight inches of relative sea level rise may happen by 2030, almost three times faster. By 2050, the sea level may be as much as 1.5 feet higher than it was in 2000, and as much as 3 feet higher in 2070."⁴⁹

Sea levels will continue to rise and accelerate in Boston and around the world, so resilience planners around the country are thinking about how coastal communities can become more flexible, adaptable, and prepared for future sea level rise, in an effort to protect residents, infrastructures, and coastal ecosystems. While the direct impacts will be felt by coastal communities, sea level rise will also have more far-reaching impacts on transportation hubs and international commerce. Some impacts of sea level rise will be experienced by everyone.

⁴⁷ <http://www.climatecentral.org/news/sinking-atlantic-coastline-meets-rapidly-rising-seas-20247>

⁴⁸ https://scenarios.globalchange.gov/sites/default/files/NOAA_SLR_r3_0.pdf

⁴⁹ City of Boston, *Climate Ready Boston Final Report*. Online at https://www.boston.gov/sites/default/files/20161207_climate_ready_boston_digital2.pdf.

The following section outlines some of the social, economic, and environmental impacts that sea level rise, combined with storm surges, can have upon urban coastal communities. This will introduce you to some of the problems and opportunities that public officials face when considering and designing resilience plans for their regions.

Social Impacts

164 million Americans live near a coastline, and nearly 5 million residents in the United States live within 4 feet of the local high-tide level. Coastal residents, businesses, and infrastructures in these densely populated communities are likely to be impacted or physically displaced by rising sea levels. The US National Climate Assessment reports that “Coastal lifelines, such as water supply and energy infrastructure and evacuation routes, are increasingly vulnerable to higher sea levels and storm surges, inland flooding, erosion, and other climate-related changes.”⁵⁰

Some “sunny day” or nuisance flooding occurs at high tide, even when there are no precipitation or strong wind events. These floods may be only a foot or two deep, but can cause roadways to be impassable, flood basements in low-lying areas with saltwater, or negatively impact coastal ecosystems.

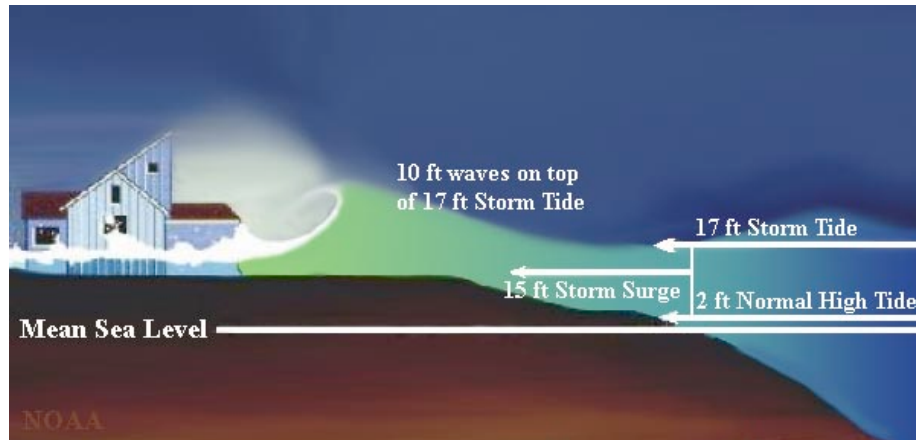
Researchers from NOAA have shown that the frequency of these “sunny day” floods has increased dramatically across the Eastern and Gulf coastlines in the last half-century or so as sea levels have risen⁵¹. In Boston, for example, the average number of observed tidal nuisance floods has doubled per year over the 50-year period between the late 1950’s and the period between 2006-2010.



***“Sunny day” tidal flooding in Charleston, SC.
Image: The New York Times.***

⁵⁰ US National Climate Assessment (2014). Online at <http://nca2014.globalchange.gov/report>.

⁵¹ Sweet and Park (2014) “From the extreme to the mean: Acceleration and tipping points of coastal inundation from sea level rise.” *Earth’s Future*. Online at <http://onlinelibrary.wiley.com/doi/10.1002/2014EF000272/full>.



Depiction of a storm surge event on top of normal high tide event. Image: NOAA.

Storm surges and extreme precipitation events on top of sea level rise make coastal flooding concerns much more severe. When coastal storms push many feet of seawater towards the shore, the resulting storm tides can overtop structures and protections that were constructed over a century ago when the level of the sea was not as high as it is today. When storm events occur at times when astronomical tides are already high, as occurred in 2012's Superstorm Sandy in the mid-Atlantic, storm surges push huge amounts of ocean water into coastal communities. Storm surge greatly increases communities' risks of physical damage, loss of life, or of potential loss of power and communication from coastal flooding.

Coastal storm surges frequently separate community resources, infrastructures, and neighborhoods from one another. This can isolate vulnerable populations, make transportation impossible, and disrupt emergency services such as the delivery of food, water, or other kinds of essential materials. All of these impacts – loss of power, disruption to emergency response systems, flooding of roadways, flooding of structures, loss of life, and the loss of social connection - were all major problems during events such as Superstorm Sandy and Hurricane Katrina in New Orleans. Another dimension is that economically or socially disadvantaged populations in coastal areas may be less able to adapt to sea level rise. The US National Climate Assessment states that “Socioeconomic disparities create uneven exposures and sensitivities to growing coastal risks and limit adaptation options for some coastal communities, resulting in the displacement of the most vulnerable people from coastal areas.”

Economic Impacts

Sea level rise will mean a range of negative economic impacts for many coastal communities, and for society more broadly. The US National Climate Assessment states that “Nationally important assets, such as ports, tourism, and fishing sites, in already-vulnerable coastal locations, are increasingly exposed to sea level rise and related hazards. This threatens to disrupt economic activity within coastal areas and the regions they serve and results in significant costs from protecting or moving these assets.” Interruption to business activities, damages to buildings and structures, impacts upon coastal recreation and tourism, and the

costs of displacement and relocation of community resources can cost hundreds of millions of dollars or more. Further, disruption to transportation hubs can threaten national or global commerce and have impacts thousands of miles away from coastal communities. For example, the National Climate Assessment identified 12 of the nation's largest airports (including all three of the major airports serving New York City) that have at least one runway with an elevation within 12 feet of current sea levels. These locations are vulnerable to large storm surges now and the vulnerability will increase as sea level rises over the coming decades. To give one example of what sea level rise can mean for a coastal community, the city of Boston estimates annual economic losses of \$137 million with an additional nine inches of local sea level rise, which would increase to \$1.39 billion per year if sea levels rise by three feet⁵².

Environmental Impacts

Sea level rise and associated storm surges also pose hazards to the local environment and ecosystems. The US National Climate Assessment states that "Coastal ecosystems are particularly vulnerable to climate change because many have already been dramatically altered by human stresses; climate change will result in further reduction or loss of the services that these ecosystems provide, including potentially irreversible impacts." For example, more intense and frequent waves, which result from higher sea levels, will increase erosion of coastal beaches. This threatens the health of coastal organisms directly on the coastline, as well as inland ecosystems that are sheltered by natural beaches and dunes from the barrage of coastal tides and seawater. Additionally, freshwater environments do not tolerate the addition of saltwater well. For example, the Charles River Dam that the Museum of Science in Boston sits on protects against a wave height of 12 feet. The city of Cambridge, MA predicts that the dams should be secure until around 2030, but higher tide levels will cause seawater to overtop the dam and enter the freshwater river ecosystem, posing hazards to aquatic organisms in the Charles⁵³. When combined with a potential increase in extreme precipitation events, coastal storm surges can worsen negative impacts from runoff, reducing water quality or causing other kinds of environmental problems.

Section 5: Potential Resilience Strategies for Sea Level Rise

Cities will need to plan for some amount of sea level rise in the coming decades, and must consider the tradeoffs of various strategies for resilience without complete certainty as to what will occur. Resilience planners around the world are considering a range of strategies that can help to protect cities from coastal flooding and storm surges due to rising sea levels.

⁵² City of Boston, *Climate Ready Boston Final Report* (2016). Online at https://www.boston.gov/sites/default/files/20161207_climate_ready_boston_digital2.pdf.

⁵³ City of Cambridge *Climate Change Vulnerability Assessment, Part 1* (2015). Online at <http://www.cambridgema.gov/CDD/Projects/Climate/~media/307B044E0EC5492BB92B2D8FA003ED25.ashx>.

The following section outlines a select number of possible strategies that can be used to help prepare cities for coastal flooding and storm surges from sea level rise. While there are many ways for cities to prepare, this section will give you an overview of some of these options and the social, economic and environmental impacts of each. This information will prepare you to make your own resilience plan for the city that you and your fellow participants will be considering, based on the discussion you will have with your table on the day of the event about the range of possible resilience strategies and their tradeoffs.


KEEP WATER OUT – Installing engineered barriers or natural flood protections to reduce flooding

One important set of strategies is the design and installation of natural or engineered barriers. These systems can help to keep seawater out of entire coastal communities, or to direct damaging tides away from certain vulnerable locations. These structures can be built by people (including seawalls, revetments, or locks) or humans can enhance natural systems (coastal forests, marshes, or dunes) to help keep water away from locations where flooding presents the greatest threat. A massive example of a physical human-engineered barrier is the Thames Barrier in London.

Spanning 520 meters across the River Thames, the barrier protects 125 square km of central London from flooding caused by tidal surges. Barriers like the Thames are very expensive to build (and can take many years to install), but when they are strategically located can be an effective way to protect a large area with only a few barriers. Coastal armoring strategies such as seawalls or rock revetments are smaller than huge structures, and can help to protect sensitive structures or neighborhoods more inexpensively. However, these structures can obstruct coastline views, and also negatively impact marine ecosystems because water and organisms cannot pass through them. A

KEEP WATER OUT

Keep Water Out involves building man-made barriers or using natural flood protection to prevent coastal flooding. This could mean installing a massive lock, erecting seawalls, or restoring wetlands.



ECONOMIC ★★
Barriers are expensive to build and coastal armoring and artificial beaches require costly annual maintenance and regular monitoring. Vegetative methods, such as a living shoreline, are less costly. Massive locks are a possible tourist attraction, although the city will lose money in real estate since some of the extremely valuable coastline will no longer be available for redevelopment.

ENVIRONMENTAL ★★★
Barriers can cause environmental damage by restricting and altering the natural flushing of an estuary. Even small seawalls cut off water from its floodplains, which are often valuable breeding and feeding zones. Wetlands are valuable because they filter pollutants, sequester carbon, and create critical habitats for fish and wildlife.

SOCIAL ★★★★★
Barriers protect large vulnerable areas from flooding, saving lives and preventing property damage. Similarly, coastal armoring protects development along coastlines. In addition to their flood protection services, beaches and wetlands provide recreational space for communities.

Read through this box to learn more about the Keep Water Out strategy. You will use this information during your discussions at the forum.



The Thames Barrier in London. Image: Wikipedia.

natural-enhanced strategy that is gaining popularity is the use of vegetative solutions or living shorelines, which are frequently called “wetlands”. Examples of wetland protection systems include mud flats, marshes, rock shores, sand dunes, or beds of oysters or mussels. Wetlands can help to reduce the wave energy from storm surges, prevent erosion, and act as buffers for coastal flooding. Wetlands require time and space to be effective against sea level rise, but many planners are starting to integrate wetlands as part of their resilience planning.

LIVING WITH WATER – Accommodating rising sea levels through preparations to buildings, infrastructures and city spaces

While the “Keep Water Out” strategies described above prevent sea water from coming onshore, “Living With Water” strategies are designed to reduce hazards caused by coastal flooding that may occur. These strategies can include changes to the design of buildings to make them more resistant to floods, elevating streets or structures to bring them above flood levels, or building places in the city to accommodate floodwaters in ways that will be less damaging. Spaulding Rehabilitation Hospital in Boston is an example of a building that is highly resistant to flooding. The engineers raised the building’s first floor 2.5 feet above the 500-year flood elevation and also put all of the electrical systems on the building’s roof, so that they would be unaffected by temporary flooding. Similarly, subway stations can be constructed so that floodwaters will not enter the transit tunnels, and can also be retrofitted or designed with pumps that will dry

LIVING WITH WATER

Living with Water accommodates rising sea levels by allowing water into city spaces. This means elevating roads and buildings above water levels, waterproofing electrical and transportation infrastructures, and building floating or floodable development.





ECONOMIC ★★★
Floodable development is untested and therefore a risky investment, while flood-proofing structures presents challenges to existing frameworks such as freshwater and electricity. Retrofitting buildings can be expensive but may be a cost effective strategy for new buildings.

ENVIRONMENTAL ★★★★★
Natural areas such as floodable waterfront parks create green space and habitat. Floating structures can provide a dynamic aquatic habitat in a similar way to a coral reef or sunken ship.

SOCIAL ★★
Floodable spaces can be used as recreational areas, although they can also be a public health hazard when filled with polluted stormwater. Floating buildings provide flood and hurricane safety for coastal residents. However, retrofitting and/or closing infrastructure can be an inconvenience.

Read through this box to learn more about the Living with Water strategy. You will use this information during your discussions at the forum.



Spaulding Rehabilitation Hospital in Charlestown, MA.

out the station more quickly. These kinds of strategies protect individual buildings or structures, but cannot protect entire neighborhoods. Therefore, under-resourced groups may not be as safe from coastal flooding events.

Another “Living With Water” strategy involves elevating entire vulnerable

sections of a coastal city. The city of Hamburg, Germany,

implemented this idea in its Hafencity neighborhood. Planners raised public roads and bridges to a height of 7.5 meters above sea level. The foundations of buildings in the elevated portion of the city are floodable garages that can hold floodwaters during coastal storm events. This strategy can help to protect entire neighborhoods, but costs hundreds of millions of dollars or more to implement, requires huge changes to the cityscape, and can disrupt communities, residents and businesses during and after construction.



Elevated promenades in the Hafencity, Hamburg. Image: Wikipedia.

MANAGED RETREAT – Relocate crucial structures or neighborhoods in vulnerable coastal areas

Managed retreat strategies do not reduce the risk of coastal flooding in vulnerable areas, but instead identify structures, regions, or communities that cannot be protected where they are because other kinds of protection are too difficult, and make plans to relocate to safety. Managed retreat plans can safely remove settlements or infrastructures from encroaching coastlines over a period of decades as sea levels rise. This decision can mean abandoning and moving the community completely or relocating elements that have particular vulnerability to coastal flooding (electric grids, water treatment plants, etc.) Pacifica State Beach in California is an example of managed retreat. State authorities determined over a decade ago that they could not keep up with the pace of erosion, and so they bought back coastal properties and enhanced the beach for recreation purposes. This helped to increase flood protection in a community that was experiencing frequent flooding events on roadways and is predicted to be severely impacted by rising sea levels.

Managed retreat options can be coupled with buy-back programs or incentives to compensate owners for the economic and social costs of having to move. The social and economic impacts to communities can be very negative, but may be required in some areas if protections or resources cannot keep up. Some managed retreat strategies allow for increased use of natural areas. For example, formerly inhabited zones or structures can be replaced by floodable plazas, living shorelines or parks.

With this information, you are now prepared to think about how to build a resilience plan for sea level rise based on the social, economic, and environmental impacts of the strategies you choose. On the day of the Forum, you and your fellow participants will use this knowledge to discuss how stakeholders will be affected by your choices, visualize what happens to the city when you they are implemented, and make changes based on your results.

MANAGED RETREAT

Drastic managed retreat involves completely relocating vulnerable structures and neighborhoods, while less-intensive measures include prohibiting development in vulnerable zones and offering incentives for residents and businesses to relocate on their own.



ECONOMIC ★★★
Relocating is costly in areas that are significantly developed, but usually less expensive than armoring strategies. The federal government would save money in the long run by reducing losses that they would have to pay for under the National Flood Insurance Program.

ENVIRONMENTAL ★★★★★
Managed retreat can be designed to allow the restoration of flood-buffering wetlands and natural shoreline habitat.

SOCIAL ★★
Important landmarks and attractions can be lost in the relocation process, which can disrupt personal roots to a place. There are also significant political complications involving tremendous legal and equity issues with land and property disputes. Despite this, retreat minimizes human suffering by relocating before a catastrophic flood.

Read through this box to learn more about the Managed Retreat strategy. You will use this information during your discussions at the forum.

Section 6: Participant Role and Preparation for the Event

The forum you are participating in will be used in eight science museums across the country. Each museum will recruit participants with a wide array of demographics, values, and ideas to create a space that reflects who the people are that live in the region and will be affected by the climate hazards being discussed.

As a participant in this forum, you will be asked to share your opinions, discuss your ideas, and collaborate with your table to make a resilience plan for the city. The first two sessions of the day will involve a fictional city that is grappling with creating a climate resilience plan for one of the hazards you will be discussing. Each fictional city is based on a real place that is currently thinking about ways to become more resilient against the chosen hazard. We chose to use fictional cities in order to create a replicable and unbiased program that can be used in many places around the country and remain relevant to the people who live there. During the last session of the day, you will be able to discuss a topic that is important to city planners who live in your region. This will allow you and your table to think of ideas and options for a resilience planning process that affects your region, and then relay that information to local planners.